

Join us in the fight against Alzheimers!

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2214 Westwood Avenue Phone: (804) 261-4124
 Richmond, VA 23230 Toll Free: (877) 261-4124

Moving Someone with Dementia

> **Door to Door Solutions has developed through years of experience an expertise moving clients with memory loss. If you are helping a friend or family member with memory loss move, consider some of the following during the transition.**



Keep the same furniture and knick knacks

Observe daily habits (where they eat, rest, visit, watch TV, etc.) Move these areas as they are most familiar. Take pictures of areas prior to moving so you can keep them the same way. Pay attention to details!

Directional orientation is important

Try your best to keep the layout of their furniture the same. If they always get out of bed on the left, keep it that way. Pay attention to their pattern of movement and the placement of the bed in orientation to the bathroom.

Emotional memory can be powerful

Maintain an emotional connection with the person. Focus on the person moving and ask them to show you around their home. Don't focus on the move, focus on what they are connected to and what they love in their current environment. Use that information to make good decisions about what to move so that it will feel like their home.

Simplify. Reduce. Edit!

The less clutter the better! Frequently used items should be out in plain view, while unused items should be put away.

Walking Together to End Alzheimer's!



Alzheimer's Association Walk

Saturday, Oct. 1
Innsbrook Area
10 a.m. walk start

Purple Tie-Dye
Shirts for all
Walkers!

Dogs
Welcome!

Can't make it to the walk? Help support our team with a pledge of \$20. Door to Door will match whatever funds our team raises. We hope to raise \$5,000!

Join the Door to Door Team!

Support our Team & Donate!



Our Personal Approach

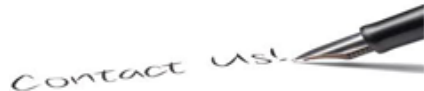
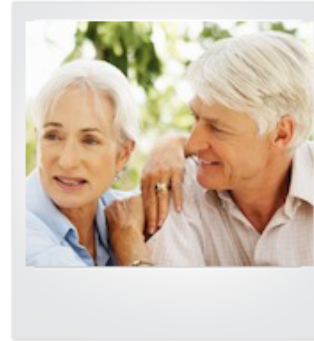
Perhaps the single most important advantage you will experience working with Door to Door Solutions is the genuine, sincere, personal approach the entire team contributes to every move.

Door to Door Quote of the Month



I am ONLY 90, and I need action!

-Mrs. M on her upcoming move from an apartment community to an independent living situation offering more activities and fellowship.



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